

ROATH AND CATHAYS MINISTRY AREA
***News from St Edward's
& St Margaret's***



Easter & Pentecost 2023

Free but donations always welcome

Roath and Cathays Ministry Area (RCMA)

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The Clergy are always available to minister to the sick and dying. Please inform the clergy of sickness. Holy Communion may be received at home by those who are unable to come to church.

Confessions and the Sacrament of Healing by arrangement.

**Copy date for the next Magazine (Trinity / Summer) is
June 5th**

From the Ministry Area Leader the Reverend Canon Stewart Lisk

My dear Friends,

As we gather again to celebrate the glorious resurrection of our Lord, Jesus Christ at Easter, inevitably, we are looking back and looking forward. It is impossible to celebrate Easter, without having the events of Good Friday. As my old headteacher at school used to say “No cross, no crown,” in other words without the pain and suffering of Good Friday, we cannot see the glorious new life in the risen Jesus.

Over the past year many of us have experienced grief. As I look around our churches, I see places where some of our long-standing and much loved members of our congregations used to sit. In the last 12 months we have had funerals in each of our churches of our loved ones and for former worshippers. Even if we have not experienced grief personally, we as a nation have known the loss of our dear late Queen Elizabeth II. The events surrounding her passing made an impact I know on young and old. On the international stage, we have also seen great loss of life in the tragic war in Ukraine and in natural disasters, such as the earthquake in Turkey and Syria. If we translate those large numbers of the departed into individual bereavements, we can ourselves identify with the loss that so many have experienced. It is an inevitable part of what it is to be human.

On Good Friday, Jesus’ disciples, Mary Magdalene, and Mary Jesus’s mother saw Jesus die in agony on the cross. It appeared that all their hopes for the future were dashed in this ignominious death. They were obviously grief stricken. We know this from holy scripture as on that first Easter morning Mary Magdalene went to the tomb to show respect and love for Jesus as many mourning friends and family would do. Her eyes are full of tears as she encounters who she thinks is the gardener. As she sees the empty tomb she is horrified that her Lord’s body has been taken away.

It is only then that Jesus reveals himself to her as risen from the dead. Her grief turns to joy, and she runs to tell the other disciples that she has witnessed Jesus' resurrection.

For those of us, who experience the death of a loved one and grief in this life, we do not expect them to come back to life as Jesus did. We know that it is not part of the natural plan, the order of things in our human life. However, we do know that Jesus promises us a different kind of life if we seek to follow him, a life with his message of joy and love which sustains us through the difficult times, as well as enhancing the happiest moments of our existence. After our time here on earth, there is also the promise of life to come with him in heaven.

We also at Eastertide look forward with hope and anticipation of what will come to us next. The natural world in Spring reminds us of the annual renewal of life in the beauty of creation. Although I began by speaking of those we have lost, it is another special joy in our church life to see families with children coming to our churches, whether it be for Holy Baptism, as we will experience in all our churches in the coming weeks, or in our Sunday schools, our uniformed groups and school visits. In all these encounters, we have the opportunity to share what we have known of a faith in the risen Lord with new generations and we hope and pray that they may become new disciples of Jesus Christ.

With every blessing to you and your families for a joyful Eastertide,



Mothering Sunday Sermon

From Lee Gonzalez who is training for the ministry!

May the words of my mouth and the thoughts of all our hearts give glory to the living God, who is Father, Son, and Holy Spirit.

I am always amazed how much I learn when preparing sermons. I confess that I did know some of the facts

surrounding mothering Sunday, but it was not until I starting thinking about them chronologically did the story unfold in my imagination.

Mothering Sunday started in a Christian context during the Middle Ages, when family members who had left their community to work were allowed to go to home – back to their “mother” church - which was the church that they were baptised in.

The service which would have then taken place at their ‘mother’ church would have been a celebration of the coming together of families and would have symbolised the Christian journey of going out into the world to love and serve and then returning home to Christ.

This fantastic church we are in today was built during the middle ages and would have had, for centuries, mothering Sunday celebrations of the type I have described. From a personal point of view, I adore that I am able, in a very small way, to be part of the continuity of faith and worship that has taken place here for centuries.

What I am now going to tell you may come as a bit of shock. On Mothering Sunday during the middle ages a custom developed across the country whereby parish churches would make a procession to their Mother church, most likely the cathedral or abbey, and this was such a spectacle that parishioners would very often get rowdy, to the point where fighting frequently broke out over whose church banners should come first in processions at the time of the visitation and veneration of the mother church.

It got so bad in fact that The bishop of Lincoln, Robert Grosseteste in the early 1200’s wrote to churches informing them that every church should strictly prohibit one parish from fighting with another over whose banners should be first, and for people found fighting the consequences were tough, he wrote that

“those who dishonour their spiritual mother by fighting in this way should not at all escape punishment, and, in accordance with God’s law, should be cursed and punished with death’.

In the middle ages then mothering Sunday was undoubtedly serious business. Accompanying the processions there was also a big old party to be had. Falling during mid-lent - a time when historically Lenten rules would be relaxed - those returning to their home churches would meet with their extended family, see their parents and brothers and sisters and friends and it would have been a huge time for celebration. Prohibited foods particularly meat would have been eaten and you might not believe this but there was a relaxation of the rule against playing music, and it is for these reasons that it later became known as refreshment Sunday.

I would love to have a window into the past and look back and see what the celebration would have looked like here. Out on the village green the church would have likely had a hog roast, there would have been beer and ale flowing, the congregation would have been crammed in here having to smell that roast meat cooking outside, praying that the priest's sermon wasn't too long. There would have been happiness in the air just from the joy of seeing your children and family – and I think it would have been an amazing thing to be part of.

The date of Mothering Sunday moves each year; however, it falls around the 25th March which is the Feast of the Annunciation and so on top of the mothering Sunday celebration the church would have also held services throughout the week which would have involved Marian devotions, which are external pious practices directed to the person of Mary, mother of God.

In the Llandaff diocese we have the statue Our lady of Penrhys, up in Pontypridd, and for those who unfamiliar with it, nobody actually knows for certain who built it. It mysteriously appeared among the trees during the 1200's and this statue and late shrine then became a pilgrimage site. During the Feast of the Annunciation the shrine would have likely seen regular pilgrimages from across South Wales.

And so, on top of all the excitement of seeing family and feasting, some lucky people would have also had a little walking holiday as well. I have myself have done this

pilgrimage, it's about 22 miles from Llandaff cathedral and it would have taken pilgrims a couple of days of gentle walking enjoying themselves through the South Wales countryside.

Mothering Sunday, starting with these wonderful beginnings has journeyed through the twists and turns of the reformation, the Victorian times when Simnel cakes were introduced and of course the commercialisation of the day in the 20th century. And despite all this, the core theme of the day still remains. It still remains for us a time to reflect upon those in our lives that have nurtured us.

The relatively recent commercialisation of the day has put the focused primarily on mothers, and whilst some of us have been fortunate to have had good relationships with our mothers and recognise them for nurturing us, we must remember that there are many others in our lives that have also nurtured us, and still do so today. It may have been another family member who predominantly raised us and nurtured our spirit, a kind neighbour or someone here in church that we share a joke with that nurtures our pleasure in life, and therefore we should spend a moment today remembering and thanking all of them for those times when they have nudged us in the right direction or reassured us, picked us up when we have fallen or made us laugh.

All those years ago the church was the ultimate sanctuary. The church was the place that nourished people – it looked after them, gave them their values, and for many centuries since the time of Jesus, it has been the church that has educated the young and cared for the sick and the dying.

It is appropriate therefore that on this particular Sunday we should give thanks for the very best that our mothers have brought us:

Our Mother church – for its nurture, care and education

Mother Mary – for bringing to birth our saviour, Jesus

And our own Mothers – for giving us life itself.

Amen

Wednesday Word 1st February 2023

Dr Heather Payne Consultant Paediatrician

About 10 years ago my daughter bought me a copy of a best selling Japanese book to help me understand the inexpressible happiness of decluttering. Rid yourself of anything that doesn't spark joy, it said. I struggled to apply this idea to my sock drawer and decided that throwing them all out just wasn't practical. So I was pleased to read that now that author Marie Kondo has three children under 5 she's apparently given up being tidy. You might say the penny of real life has dropped and she now recognises beauty in the stuff that accumulates as part of a family.

Christmas decorations are a perfect example – possibly overstaying their welcome given that it's now February but I say don't worry, follow the Church in Wales tradition where crib figures are kept in place until tomorrow. 2nd February, the feast of Candlemas, 40 days after Christmas.

I really love our church statuettes, 2 foot high painted plaster figures of Mary, Joseph, shepherds and kings, ox and ass, gathered round the baby Jesus in his manger. Their physical presence grabs the attention of children from 1 to 101. You feel drawn to gaze at the scene gathered round the baby, imagining the journeys they took to get there and what they told people afterwards, and how this meeting might have changed them.

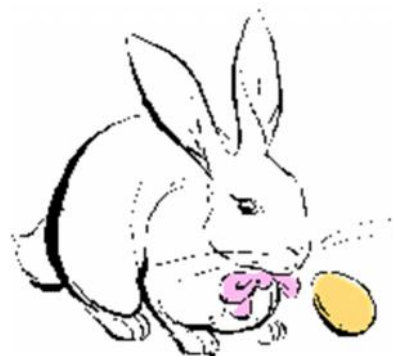
A further remarkable encounter happened when Mary took the infant Jesus to the temple when he was 40 days old as tradition demanded. The old priest Simeon, on duty that day had never clapped eyes on this family before, but out of all the dozens of new babies he would have seen, he recognised this one as the promised son of God. The joy sparked by that moment, when the penny dropped, inspired Simeon to call Jesus the light to lighten the whole world and the glory of peoples everywhere – words we use in daily worship even now. So you can see why it's called Candlemas - each candle flame is a reminder of that

light and joy sparked by that baby Jesus, embodying love and hope for every single person who will recognise him.

Well I'm really pleased that Marie Kondo has entered my world and understood that it's relationships, not extreme tidiness, that bring joy and light into our lives. Some junk is physical proof of happy memories - because babies arrive with all their mess, light up our lives and spark joy - just like my decluttering book did when I donated it to the charity shop.

Apologies for not including this in the Lent magazine but well worth a read!





NEWS FROM THE LYCHGATE

Three months of the year gone already, time does really fly! It will once again be lovely to see the church decked in flowers this Easter. Many thanks to our flower ladies, led by Pat Hyett and Joan Brooks. Are you able to join them? Why not have a chat over coffee any Sunday morning.

Once again this year, the Lord Mayor's Civic Service for St David's Day was held in St Margaret's, a special thank you to our flower ladies for their daffodil displays. Unfortunately, as it was Lent, the flowers had to be removed from the church straight after.

The 100 Club draw results for February and March are:

February	Prize	Winner
1	£25	Janice Foxley
2	£15	Andrew Owen
3	£10	Penny Moore

March 12 th	Prize	Winner
1	£25	Catherine Hemingway
2	£15	Andrew Owen
3	£10	Clive Wyatt

Our Scout Group had a cake stall in the porch in February in aid of their various International camps this summer. They have now written a description of their various travels which is published elsewhere in this magazine. They are a very active group led by a team of very good dedicated leaders.

A bit late this year but the Sponsorship Calendar for our floodlighting is now in the porch. The floodlights were installed

for the Millennium (2000) and have been in constant use since then. If you wish to remember loved ones, anniversaries, birthdays, etc., please add their names to the relevant date on the calendar. It doesn't matter if someone else's name is already on your chosen date, just add your details. Donations of £3 per week are suggested and the collection box can be found in church near the font.

Our thoughts and good wishes are with the families of three of our congregation members whose funerals were held recently – Lynne Frampton, Joy Stephen and Rebecca Clyde.

Dates for your diary ..

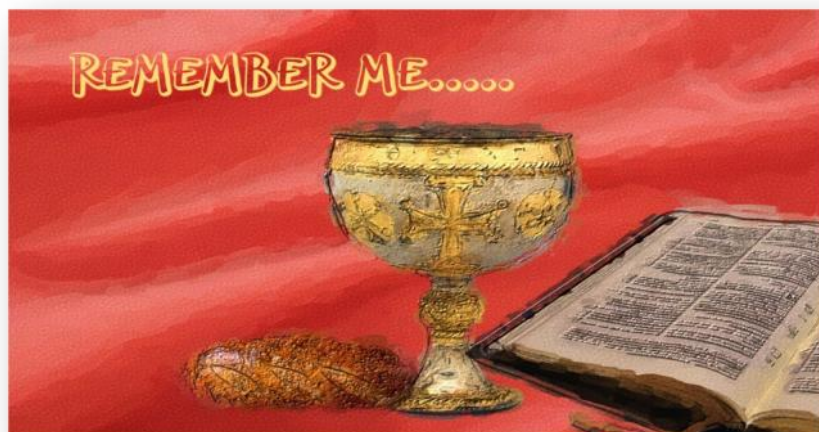
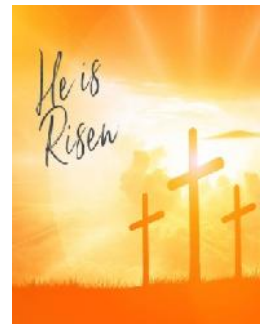
St Margaret's Spring Fayre – Saturday 20 May – Roath Church House.

Flower Festival – Saturday 1 July to Sunday 2 July – St Margaret's.

Now over to Sally who at this moment in time has nothing to report.



Pam & Sally



International News From Our Scout Troop

19th Cardiff (Roath Parish) Bishop Crossley's Own

This summer 7 of our very own Scouts from the 19th Cardiff will be venturing abroad as they represent us in international Scout camps in Holland, Iceland and South Korea. Here they tell us in their own words what they will be doing and how they are preparing.

Holland (29th July – 5th August) : Evie, Lotty, Ruby L, Ruby J & Sofia.

We are really excited about our camp to Holland in the summer. It will be our first international camp as Scouts and it's going to be a great experience for us all. It's the idea of going abroad with our friends and making new friends which really excites us.

We are camping on a site with a huge lake so we hope we will be doing activities on the water like kayaking and rafting.

We will be immersing ourselves into the Dutch culture for a week and can't wait to experience new cultures, languages, cities, landscapes and of course food!

There are about 70 Scouts and Explorer Scouts going from across the Cardiff East district and we have all been attending preparation events to help get to know each other before we go.

We have also been busy organising our own fundraising events to help pay for our fares. In February we held a homemade bake sale after the church service in St Margaret's which raised an amazing £232 towards our trip. A huge thank you to

everyone that supported our bake sale - it was really appreciated and will make a real difference!

Iceland : Dan

I'm really excited about my trip to Iceland, I rarely go abroad so it'll be fun to experience the culture and have a great time!

The Iceland unit have done a lot of things so far, we've held two overnight camps and are soon going to be doing a hike as a group.

In Iceland we will be visiting the famous attractions such as the Blue Lagoon and Reykjavik, as well as doing some hikes, site seeing, horse riding and many other things.

So far my brother Josh and I have held a curry night where we spoke about our trip and many people turned up. I have more plans for fundraising that I believe will get me to the target.

South Korea : Josh

The World Scout Jamboree is the biggest scout camp in the world, it's held every 4 years in a different country, this time being in South Korea, and it has more countries represented than the Olympics!!!

I've been selected as one of 72 Scouts from Wales to attend the Jamboree of over 40,000 Scouts. It's a life changing event and I have to fundraise £3,495 to attend, so it's a long journey but well worth it when the excitement starts to build within the unit, as now we're only months away from the experience.



19th Cardiff selling cakes in St Margaret's- from left to right: Sofia, Charlotte, Evie, Ruby and Ruby

Thank you, and best wishes to all of our intrepid young people.
Diolch yn fawr.

Coronation afternoon tea

The **19th Cardiff Scout Group** are hosting a family **coronation afternoon tea** party on **Saturday 13th May from 2pm-6pm** 2 sittings 2-3.30pm & 4-5.30pm. Join us at Roath Church House and celebrate together.

Tickets are **£7.50 for adults and £5 for children** which **includes tea/coffee/squash, homemade scone, jam and clotted cream and a complimentary glass of sparkling 'Prosecco' or non-alcoholic equivalent for adults.**

The young people (Beavers, Cubs and Scouts) will be serving your afternoon teas and providing entertainment for the afternoon. It is *optional* but come dressed in red, white, and/or blue, or go wild and dress like a royal!!

Advanced ticket sales only. Numbers limited per session - first come first served. Book early to avoid disappointment. All very welcome!

Bookings through **Sarah Maylia 07733 854148**
sarahandericmaylia@yahoo.com



The Big Help Out is a national day of volunteering happening on **Monday 8th May, the Bank Holiday Monday** of the [Coronation weekend](#). Join the **19th Cardiff Scout Group** at Roath Church House **10am-1pm**. General maintenance and tidy up of Scout HQ and RCH/Scout HQ grounds.

For further information contact **Sarah Maylia** on **07733 854148**
sarahandericmaylia@yahoo.com

Holy Week and Easter 2023, St Margaret's, St Edward's and St German's Services

All these services and events are open to all of us from across the Ministry Area and friends from elsewhere.

Palm Sunday 2nd April

8am Holy Eucharist St Margaret's

9.30am Sung Eucharist St Margaret's

11am Sung Eucharist St Edward's

11am Solemn Sung Eucharist St German's

All the above with Processions and Blessing of Palm Crosses

2pm Holy Baptism St Margaret's

6.30pm Choral Evensong

Monday 3rd April

7pm Holy Eucharist St German's

Tuesday 4th April

7pm Holy Eucharist St Margaret's

Wednesday 5th April

9.30am Holy Eucharist St Margaret's

10.15am Holy Eucharist St Edward's

7pm Holy Eucharist St Edward's

Maundy Thursday 6th April

6pm Sung Eucharist St Edward's

7pm Sung Eucharist St Margaret's

8pm Solemn Sung Eucharist St German's

Good Friday 7th April

9.30am Liturgy of the Day with Ante Communion, St Edward's

10.30am Stations of the Cross St German's

12 noon Liturgy of the Day with Ante Communion St German's

2pm to 3pm Service of Readings and Music for Good Friday St Margaret's

7.30pm Devotional Service with Faure Requiem St Edward's

Holy Saturday and Easter Eve 8th April

5.30pm Easter Vigil with Holy Baptism St Edward's

7.30pm Easter Vigil with Renewal of Baptismal Vows, Litany of the Saints and First Eucharist of Easter St Margaret's

Easter Day 9th April

8am Holy Eucharist St Margaret's

9.30am Sung Eucharist St Margaret's

11am Sung Eucharist St Edward's

11am Solemn Sung Eucharist St German's

6.30pm Service of Readings and Music for Easter.

Visit <http://www.roath.org.uk/> for more details of these and many other events taking place in Holy Week and Easter

Diary of Events April-May 2023

Sat 1 Apr 2023. 11.00am. St Edward's Church. Jazz Month: Heads Up.

Sat 1 Apr 2023. 6.30pm. St Edward's Church. Concert: Tongwynlais Music Academy.

Wed 5 Apr 2023. 2.30pm. St Edward's Church. RWCMD Harp Recital.

Fri 7 Apr 2023. 7.30pm. St Edward's Church. Devotional Service: Faure's Requiem: *St Edward's Choir and Orchestra.*

Sun 9 Apr 2023. 6.30pm. St Edward's Church. Easter Music & Readings.

Wed 12 Apr 2023. 7.00pm. St Edward's Church. Roath Local History Society: *Penny Roberts will speak on Shepherding and Sheep since the Bronze Age.*

Sat 15 Apr 2023. 11.00am. St Edward's Church. Coffee Concert: *Anne Wilkinson (soprano) and Sian Davies (accompanist).* Charity: *AngelmanUK.*

Fri 21 Apr 2023. 7.30pm. St Edward's Church. Concert: Women in Harmony & VoiceMale.

Mon 24 Apr 2023. 7.30pm. St Edward's Church. St Edward's Orchestra Concert: *Mozart Seraglio overture, Strauss Horn Concerto no.1, Haydn Military Symphony (No.100). Retiring Collection for St Edward's Church Funds.*

Fri 28 Apr 2023. 7.30pm. St Edward's Church. Northern Lights: UK Tour by French Violinist Jean-Samuel Bez & Gina Kruger (piano).

Sat 29 Apr 2023. 12.00pm. Llandaff Cathedral. Service of Welcome for Bishop Mary.

Wed 10 May 2023. 7.00pm. St Edward's Church. Roath Local History Society: "The Newport Transporter Bridge" by Emma Newrick (Heritage & Culture Manager).

Mon 8 May 2023. 10.00am.-1.00pm. Roath Church House. The Big Help Out

Sat 13 May 2023. 2.00 - 6.00pm. Roath Church House. Coronation Afternoon Tea

Sat 20 May 2023. 10.00am. Roath Church House. Spring Fayre.

Sat 20 May 2023. 11.00am. St Edward's Church. Coffee Concert: *Piet Zorn (tenor) and Sian Davies (accompanist).* Charity: *AngelmanUK.*

Every Tuesday except Easter Tuesday. 2pm-4pm: St Edward's Church. Forget Me Not Café.



SUNDAY AND WEEK-DAY WORSHIP

St Edward's and St Margaret's

(For Holy Day Celebrations see Weekly
Newsletter)

ST. MARGARET'S CHURCH WATERLOO ROAD

Sun: 8.00 am Holy Eucharist
9.30 am Sung Eucharist
9.30 am Sunday School R.C. House
(every Sunday during school terms)
Wed: 9.30 am Holy Eucharist

ST. EDWARD'S CHURCH BLENHEIM ROAD

Sun: 11.00 am Sung Eucharist & Sunday
School
6.30 pm Choral Evensong
Wed: 10.15 am Holy Eucharist

**Check the websites/newsletter for up-to-date
information on services**

Copy date for the next magazine (Trinity / Summer) is June 5

Please send email contributions to:

Sue Mansell, smmansell@icloud.com

or Gwynn Ellis, rgellis@ntlworld.com, (preferably using Arial font 12)



For the latest information on Covid Guidance and Church services please visit our Website <http://www.roath.org.uk/> Articles in this magazine reflect the views of their authors, and not necessarily the official teachings of the Church.